



Next Step Foot and Ankle Centers now offers motion-preserving procedure for ankle arthritis patients

MOVEWRIGHT™ Total Ankle Replacement restores movement by addressing the pain and loss of mobility caused by ankle arthritis.

St. Louis, MO.--(NextStep Foot & Ankle Centers)—Patients suffering from painful end-stage ankle arthritis often cite lost mobility as a symptom that negatively impacts their daily life. Now, Next Step Foot and Ankle Centers can offer its patients MoveWright™ Total Ankle Replacement, a procedure that has been designed to relieve arthritic pain and restores movement to the damaged ankle joint.

Ankle arthritis can often be traced back to a traumatic injury, and occurs when the protective cartilage between the bones gradually wears down. This bone-on-bone contact can cause pain, swelling, stiffness and reduced ankle mobility over time. MOVEWRIGHT™ Total Ankle Replacement replaces the damaged cartilage with a customized implant that bends and flexes to mimic the natural movement of a healthy ankle, allowing patients to get back to living an active lifestyle.

When non-surgical treatments fail to provide relief from ankle arthritis pain, patients might explore surgery. Previously, options like fusion surgery only treated the pain associated with ankle arthritis while further limiting the ankle's natural range of motion by locking the joint into place. With MOVEWRIGHT™ Total Ankle Replacement, patients may finally get pain relief without sacrificing their movement. Patients can also return to activities after as early as 6-weeks, which is about half the recovery time of a fusion surgery*.

Physicians at Next Step Foot and Ankle Centers currently offering MOVEWRIGHT™ Total Ankle Replacement include:

• Dr. Lindsay Barth

For more information including important safety information about MOVEWRIGHT™ Total Ankle Replacement, visit www.movewright.com.

Individual results and activity levels after surgery vary and depend on many factors including age, weight and prior activity level. There are risks and recovery times associated with surgery and there are certain individuals who should not undergo surgery. Only a physician can tell you if this product and associated procedure are right for you and your unique circumstances. Please consult with a physician for complete information regarding benefits, risks and possible outcomes. The views, opinions, and experiences shared do not necessarily reflect the views and opinions of Wright Medical.