

# March Newsletter

**nextstep**  
*foot and ankle centers*



## who are we?

We specialize in treatment of chronic and acute lower extremity conditions. As licensed podiatrists, we specialize in medical and surgical care of the foot and ankle.

## where are we?

Next Step Foot and Ankle Centers has proudly served patients across the Greater St. Louis Area for over 2 decades. Beginning with just 2 providers and 2 locations, we have grown to better serve you with 12 locations and 10 providers! In Missouri, we have offices in Festus, South County, Watson Road, Bridgeton, and St. Peters. In addition, in Illinois our locations include; Highland, Edwardsville, Alton, O'Fallon, Pinckneyville, and Waterloo!

## what do we do?

Our experienced team of podiatrists and medical staff offer a variety of services including: corrective surgery, custom orthotics/bracing, diabetic shoes, athletic injury treatment/prevention, diabetic foot care, and routine foot care.

## whats new? ↓

**Lapiplasty®**  
3D Bunion Correction™



Relief is here. Now, there's a new, patented treatment for bunion correction – Lapiplasty® 3D Bunion Correction! NextStep Foot and Ankle Centers are offering this exciting, new treatment option which does more than simply remove “the bump”; it addresses your bunion in three dimensions to correct the root of the problem.

## HOW DOES IT WORK?

Instead of cutting the bone in half and shifting the top part over, the patented Lapiplasty® Procedure uses specially-designed instrumentation to rotate the entire deviated bone back into its normal anatomical position, naturally straightening your toe; removing the “bump” and associated pain. Innovative titanium plating technology permanently secures the unstable foundation, the root of your bunion problem. Most patients are able to walk within days of surgery.<sup>1</sup> No cast is required; allowing patients to get back to the shoe wear of their choice and activities quickly. Learn more about the Lapiplasty and if its right for you, read more about it at <https://nextstepfootdocs.com/podiatry-services/lapiplasty-3d-bunion-correction/>



## other news - Coronavirus disease (COVID-19)

We, want address the Coronavirus disease (COVID-19) and the steps we are taking to keep our patients, employees, and everyone's families safe. We are doing what is necessary to keep our offices as clean as possible. We are sanitizing door knobs, light switches, chairs, counter surfaces, etc. However, if you have a runny nose, fever, dry cough, shortness of breath, or fatigue please warn the Medical Assistant or reschedule your appointment to a later date. The Coronavirus is increasing at a rapid rate and we are trying to do everything in our hands to avoid and not spread it. Currently, all of our clinics are open at their normal times and staff is following advanced protocol to ensure patient safety. However, clinic hours and times are subject to change with new state regulations and the growth of the virus. We will keep everyone updated with any future changes! Thanks!

*take the NEXTSTEP to healthier feet!*